**YMCA of the Chippewa Valley**

**REVISED**

**03/12/20**

**Eau Claire Branch Large Pool Schedule**

**March 22 – 28, 2020**

(#) indicates number of lanes available

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Sunday** | **Monday** | | **Tuesday** | **Wednesday** | | **Thursday** | | **Friday** | **Saturday** |
|  | 5:00 – 5:45 AM  **Lap (6)** | | | 5:00 – 7:00 AM  **Lap (6)** | | 5:00 – 5:45 AM  **Lap (6)** | | 5:00 – 7:00 AM  **Lap (6)** |  |
| 5:45 – 7:00 AM  **Tri/Lap League (3)**  **Lap (3)** | | | 5:45 – 7:00 AM  **Tri/Lap League (3)**  **Lap (3)** | | 6:00 –  10:00 AM  **Lap (6)** |
| 7:00 – 7:30 AM  **Lap (6)**  7:30 – 8:00 AM  **Lap (4) Water Walking (2)** | | | | | | | |
| 8:00 – 8:30 AM  **Lap (2)**  8:00 – 9:00 AM  **Hydro Aerobics**  8:30 – 9:30 AM  **40 & Over Rec Swim**  9:00 – 10:00 AM  **Deep Water**  **Rec Swim**  9:15 – 10:00 AM  **Joint Efforts** | 8:00 – 8:30 AM  **Lap (2)**  8:00 – 9:00 AM  **Hydro Aerobics**  8:30 – 9:30 AM  **Mayo PT (2)**  8:30 – 9:30 AM  **Marshfield PT (2)**  9:30 – 10:30 AM  **40 & Over Rec Swim**  9:00 – 10:00 AM  **Deep Water**  **Rec Swim**  9:15 – 10:00 AM  **Joint Efforts** | | 8:00 – 8:30 AM  **Lap (2)**  8:00 – 9:00 AM  **Hydro Aerobics**  8:30 – 9:30 AM  **40 & Over Rec. swim**  9:00 – 10:00 AM  **Deep Water Rec. Swim**  9:15 – 10:00 AM  **Joint Efforts** | | | | 8:00 – 8:30 AM  **Lap (1)**  8:00 – 9:00 AM  **Hydro Aerobics**  8:30 – 9:30 AM  **40 & Over**  **Rec. swim**  9:00 – 10:00 AM  **Deep Water**  **Rec. Swim**  9:15 – 10:00 AM  **Joint Efforts** |
| 11:00 AM – 1:00 PM  **Lap (6)** | 10:00 AM – 11:15 AM  **Open (3)**  **Lap (3)** | | | | | | | | 10:00 AM –  7:45 PM  **Open (4)**  **Lap (2)** |
| 11:15 AM – 1:00 PM  **Lap (6)** | | | | | | | |
| 1:00 – 7:45 PM  **Open (4)**  **Lap (2)** | 1:00 – 4:30 PM  **Open (3)**  **Lap (3)** | | | | | | 1:00 – 2:00 PM  **Open (3)**  **Lap (3)** | 1:00 – 4:30 PM  **Open (4)**  **Lap (2)** |
| 2:00 – 4:15 PM  **Lap (2)**  **\*MAYO PT\***  **2:15 – 4:15 PM (4)** |
| 4:30 – 6:00 PM  **Lap (3)**  **Open (3)** | 4:30 – 5:45 PM  **Open (3)**  **Lap (3)** | | | 4:30 – 6:00 PM  **Lap (3)**  **Open (3)** | | 4:30 – 5:45 PM  **Open (3)**  **Lap (3)** | |
| 6:00 – 7:00 PM  **Open (4)**  **Lap (2)** | 5:50 – 9:00 AM  **Open (4)**  **Lap (2)** | | | 6:00 – 9:00 PM  **Lap (2)**  **Open (4)** | | 5:50 – 9:00 PM  **Lap (2)**  **Open (4)** | 5:50 – 9:30 PM  **Open (4)**  **Lap (2)** |
|  | 7:00 – 9:00 PM  **Open (2)**  **Lap (2)**  7:30 – 8:30 PM  **Aqua Fit (2)** |
|  |  |
| 9:00 – 9:30 PM  **Lap (6)** | | | | | | |

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**Eau Claire Branch Small Pool Schedule**

**March 22 – 28, 2020**

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Sunday** | **Monday** | | **Tuesday** | | **Wednesday** | **Thursday** | | **Friday** | | **Saturday** |
|  |  | | | |  | | | |  |  |
| 11:00 AM –  7:00 PM  **Open** | 10:00 AM – 12:00 PM  **Swim Team (3)**  **Lap (3)** | | | | | | | | | 10:00 AM –  7:45 PM  **Open** |
|  | | |  | | | | |  |
| 1:00 – 9:00 PM  **Open** | 1:00 – 4:15 PM  **Open** | | 1:00 – 9:00 PM  **Open** | | | 1:00 – 4:15 PM  **Open** | | |
| 4:15 – 5:45 PM  **Open** | | 4:15 – 5:45 PM  **Open** | | |
| 5:50 – 9:00 PM  **Open** | | 5:50 – 9:00 PM  **Open** | | |
|  |  |

**Ages 0-7:**

* Adult or YMCA swim instructor must be in the pool with youth and in direct supervision.
* The youth must pass the Y swim test to swim in the large pool without a parent.
* Children who wear diapers must wear swim diapers.

**Ages 8-9:**

* Can be in the small pool (Eau Claire specific), but adult must be in building.
* Must pass swim test to be in the large pool deep water.
* If youth cannot pass swim test, adult must be in the big pool with them and they must stay in the shallow end.

**Ages 10+**:

* May be in the pools without an adult but must pass the swim test in order to be in deep end of the large pool.

*\*Any individual, any age may be asked to perform a swim test to evaluate skills.*

*\*Proper swim suits must be worn.*

***\*\*The Aquatic Department reserves the right to utilize pool space at any time for training purposes.\*\****